

PARENT & FAMILY DRUG SUPPORT LINE

For **anyone** concerned
about a loved one's
alcohol or drug use.

Confidential. Anonymous.
Professional & Peer Support.

Call us 24 hours a day
on **9442 5050** or
1800 653 203 (country callers)

alcoholdrugsupport@mhc.wa.gov.au
alcoholdrugsupport.mhc.wa.gov.au



Government of **Western Australia**
Mental Health Commission

IT HELPS TO GET HELP. CALL US.

Contact with the Parent and Family Drug Support Line is one-to-one with a professional counsellor.

Our counsellors can:

- Listen to what is going on for you
- Provide information about alcohol or drug use
- Provide emotional support and professional advice
- Connect you with a trained parent volunteer for peer support
- Talk about support options for you and your loved one
- Refer you to local services that can provide you and your family with ongoing support

We also have a network of trained parent volunteers who have experienced their own child's alcohol or drug use.

Parent volunteers can:

- Listen to your concerns
- Share coping strategies
- Explore options to help you manage your situation

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